FOR YOUR

NORTHERN CALIFORNIA FOR UA LOCAL 342



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2022 Educational Workshop Schedule

Tuesday, August 9th, 5pm

Pension Pre-Retirement Workshop Supplemental 401(k) Retirement Workshop Wednesday, August 24th, 5pm



Workshops are currently scheduled to be held via ZOOM webinar and registration is required. Check our website (www.ncpttf.com) for updated information on upcoming workshops.

VSP Benefit – Eveconic

Benefits Subject to Eligibility

The Vision Service Plan ("VSP") which provides vision coverage for those enrolled in the Plan have teamed up with Eyeconic to provide online services to those looking to order glasses and/or contacts. Using Eyeconic, you can take your existing prescription and purchase glasses/contacts without the stress and pressure of visiting a retail location. They have a wide selection to choose from and even have a "Virtual Try-On tool" so you can see how a pair of glasses will look on you before ordering. Once you've found what you'd like to purchase, the product is sent to you without a shipping charge!

If you don't have a prescription, Eyeconic can help with that process too. The "Find a Doctor" tool allows you to search for an eye doctor that can provide an eye exam, an updated prescription, and a frame adjustment and/or contact lens consultation. Be sure to take a look at the Eyeconic website at (www.eyeconic.com). Click on the "Use My Insurance" button and sign in using your VSP information to receive all the benefits and discounts available. For more information regarding VSP, you can contact them directly at (800) 877-7195 or visit their website (www.vsp.com).



Blue Shield California – Be Healthy and Save

Benefits Subject to Eligibility

Often, taking care of our health comes with unplanned expenses that may cause us to delay making purchases or seeking care. For Members enrolled in Blue Shield there is a wide variety of preferred pricing and discount options available to help make these items and/or programs more affordable. Listed below are a few of the options that might be beneficial. For more details and to see all other available programs, you can visit the Blue Sheild's wellness discount website at (www.blueshieldca.com/ wellnessdiscounts).

- Alternative Care Get 25% savings on acupuncture, chiropractic, and therapeutic massage services through the "Choose Healthy" program.
- Healthy Living Discounts This program provides an e-retail site with a wide variety of health improvement and wellness products.
- Discount Hearing Program Through EPIC Hearing Healthcare you can save 30 – 60% off suggested retail prices on hearing aids. For more information you can call EPIC at (866) 956-5400 or visit their website (www.epichearing.com).

I need information on my Health Reimbursement Account (HRA) / Benny Card.

You will need to contact NWPS, the administrators of the HRA/Benny Card. Their phone number is (855) 512-1170.

